

Game: Simon says

Choose one person to be Simon, everyone must follow Simon's commands – but only when they start with the words "Simon says...". For example, if Simon says "Simon says touch your nose", all touch their noses. Anyone who doesn't touch their nose is out. If the words "Simon says..." aren't used, then they must not do what they are told. If Simon simply says "jump up and down", they should do nothing. Anyone who does jump up and down would be out. Play the game until only one person is left in. That person is the winner.

Video: Marshmallow test https://www.youtube.com/watch?v=QX_oy9614HQ

Scenarios:

Temptation—we all face temptation. What is temptation? Temptation is wanting to do something which we know we should not do. For example, you have some homework that is due tomorrow, but this is the day your favorite program is on television. It is easy to convince yourself that you will have time to do your homework after your show is over.

- When you are playing at home, you find a dish of sweets on the table. Mum said you weren't to have anything else before your tea. How tempted are you to take one?
- In the classroom, your pencil disappears. The person next to you has gone away from their table and their pencil is just lying there. How tempted are you to take it?
- You and your brother/sister/friend are playing in the living room when you knock into a vase and smash it. How tempted are you to say it was the other person?
- At the checkout at the supermarket, you see a box of your favourite sweets. No one is looking. How tempted are you to steal them?
- In the playground, everyone is being nasty to one boy. How tempted are you to join in?

Story Video: Jesus in the wilderness <https://www.youtube.com/watch?v=mc-x4gKY6Wc>

Story: Jesus in the wilderness

In today's story, Jesus was tempted to do some bad things. Read the story from Matthew 4 and watch the video above from Saddleback Kids and ask these questions...

Do you think Jesus felt very tempted by anything the devil said to him?

Do you think he was most tempted by?

What did Jesus do to say no to the devil? [He quoted Bible verses at him]

The devil tempts us to do wrong things too, to stop us being like Jesus. What are the things we're most tempted by? What can we do to say no to the ways the devil tempts us?

Activity: Pancake tasting

Vote for your families favourite pancake toppings-sugar, lemon, chocolate spread, strawberry sauce, jam, bananas, grapes, strawberries, marshmallows, chocolate buttons, etc. Either make the pancakes safely together. Click on link for instructions...

<https://www.bbcgoodfood.com/recipes/easy-pancakes>. or use shop-bought ones (which ever is easiest).

Ensure that everyone washes their hands before handling any food, and ensure there is sufficient access to materials so as not to cross-handle. As you eat together as a family, use the time to talk and enjoy one another's company.

Prayer:

Dear God, thank you that you are good. Help us to resist the temptation to do wrong that we face each day. In Jesus' name we pray, amen.