

Competition: Stand on one leg

Stand on one leg for a minute; when you think the minute is up then you can sit down. Time seems to pass slowly when you are waiting for something - even if it is only to put your foot down! When people were waiting for the Messiah/saviour/Jesus to be born time seemed to pass slowly - but God kept his promise! Play with the people at home by setting a timer and standing on one one leg until you think 1 minute has passed. See who is the closest in their estimation. Now have a second competition - who can stay on one leg for longest? God always keeps his promises, even if it seems a long time to wait for the answers.

Game: Christmas charades

Act out things surrounding Christmas for other people to guess. The person who guesses correctly gets to think of their own thing to act out relating to Christmas to act out for everyone-keep going until time to finish the game. Decorating the Christmas tree // Cutting the Christmas turkey // Snowball fight // Father Christmas coming down the chimney // Ice skating // Carolling // Baby Jesus // Making snow angels // Wrapping presents or opening presents // Reindeer pulling sly // Father Christmas coming down the chimney

Watch: The promised Messiah

https://www.youtube.com/watch?v=XkEypzmHwCl&fbclid=IwAR2ipFn4xVbNxMnc2AG1RvolMJiV-INXNSCyYun0pB47c-ak2ZG_FILBcbo

Story: The Promised Messiah

A long time ago, God made the world. It was good. God was happy with the world that he had made. He made all the animals, all the plants, all the trees and flowers and all the people. Everything was good, everything was happy... until, one day, a long time ago, two people called Adam and Eve did something very silly. They disobeyed God. He knew what he had told them not to do - and they did it anyway. God was sad. Now all people would do bad and silly things. Adam and Eve were sad too. They knew that they had done wrong. But God promised to send a Saviour. God promised that this saviour would come to earth and put things right. A long time ago, years passed. People did silly things. But when they spoke to God and said sorry, God promised. He promised that one day he would send a saviour. Someone to put right the wrong things... someone who would help them to love God properly. A long time ago. Years passed. People kept praying to God to send them their saviour.... because God had promised. Then, one day - still a long time ago, God sent the saviour. He didn't send a man. He sent a baby. A baby called Jesus. Jesus was born in a poor home, and his mother was a poor young woman called Mary. We still think about Jesus being born at Christmas today. And when Jesus grew up, he died on a cross, and he became our saviour. God promised to send a saviour. And Jesus was that saviour. When he was grown up, he died on a cross. And God punished him for all the wrong things everybody had done... people like Adam and Eve, who did the first ever bad things. And people like you and me, who do bad things too..... All of us can be God's friends, because Jesus was born... God sent a saviour.

Craft: Crown to welcome Jesus the coming King

Watch <https://www.youtube.com/watch?v=xLLK2V5Y5Rc>

Questions & Prayer:

Answer these questions: Is there anything particular you feel you need rescuing from? What is God saying to you about that? (Or what do you imagine he is saying to you about that?) What are some of the promises God has made to you? Have you seen them happen? How do you feel about that? Is there anything you're waiting for? How do you feel about that? What do you want to say to God in response to today's session? What is God saying to you after today's session? (Or what do you imagine He's saying?) Pray for these things with someone in your family.