

**Activity: Tall tower**

Find blocks or bricks in your house and give equal amount to each person taking part in the tall tower activity. Challenge them to build the tallest tower in the quickest time. The tower must be free standing. The person who builds the tallest tower in the quickest time is the winner.

**Craft: Samson the strong man** <https://www.youtube.com/watch?v=sdYCVZsKtg>

**Watch:** The story of Samson <https://www.youtube.com/watch?v=2TonT5Ulh9s>

**Story: Judges 13-16**

God gives people strength to do things. Who is the strongest person you know? Do think they might be strong enough to push a wall over? Samson was tremendously strong—the strongest man that ever lived! He was a tall man with very long hair. His hair was long to remind him that God had made him strong, so that Samson could defeat some people called Philistines. The Philistines were God's enemy, because they were wicked people who worshipped idols. And they attacked the Jews and made life miserable for them. So God used Samson to make the Philistines miserable – and to begin to defeat them.

One day, Samson was tricked. While he was asleep, someone cut his hair. After that he was captured by a group of people called Philistines. The Philistines hurt Samson and made him blind, he couldn't see anything at all. They chained him up in prison, because Samson had been a lot of trouble to the Philistines! The Philistines were pleased with themselves. They had a pretend God called Dagon and they believed that Dagon had helped them to catch Samson. Time passed and poor Samson sat in prison. But in prison his hair began to grow again. One day the Philistines had a party in Dagon's temple. They brought Samson out of prison and stood him at the front, near the tall pillars that held the roof up. The Philistines laughed at Samson, and, worse, they laughed at God. "Dagon is more powerful than God!" they cried. Samson prayed, "Lord, give me back my strength so that I can show them who the true God is." Then, Samson held out his arms. He could reach both pillars. Stretching out, he pushed both pillars at the same time. Guess what happened? Samson was so strong that the huge pillars – they were more than five times taller than he was – fell down. And when the pillars fell down, the roof fell down as well. This was the last amazing thing that Samson did – and everyone knew that Samson's God was the true God! Stand against the wall, pushing it. As you push together, pray aloud, "Lord, you are a great and powerful God. You gave Samson strength so that he could show people that you are strong. Please help us to be strong as well. Amen."

**Strong man Quiz :**

- 1) Who made Samson strong? (God)
- 2) What did God say must never be cut? (Samson's hair)
- 3) What animal did Samson kill and how? (A young lion with his bare hands)
- 4) Why did the "People of the Sea" make the Israelites unhappy? (They built cities in Israel without the permission of the Israelites)
- 5) What promise had the Israelites broken to God? (To live and love God the way He wanted.)
- 6) Did God choose to help the Israelites? (Yes, because he loved them)
- 7) Who did he choose to help the Israelites? (Samson)
- 8) Did the Philistines try to catch Samson? (Yes, they tied him up with ropes but he broke free.)
- 9) How did the Philistines finally catch Samson? (They cut off his hair and all God's strength left him.)
- 10) How did Samson get out of prison? (He asked God for help and God gave Samson's strength back and he pulled the temple down on the Philistines killing them all.)

**Prayer:**

Dear God, every good gift comes from you. Please help us to always use your gifts to bring about good. In Jesus' name we pray. Amen