

STJ Kids



You can use this sheet at home to help you explore the story of Jacob.

Bible: Genesis 32 & 35

Today we will be exploring, the story of Jacob wrestling with God and getting a new name. You can find the story in your Bible in Genesis chapter 32 verse 22-32 & chapter 35 verse 1-15



Who did you spot in today's service?

Write down the names of the people you spotted in today's service below or draw all the people on another piece of paper.



Story of Jacob wrestling with God



In today's Bible lesson, Jacob spent an entire night wrestling with an angel of God. When Jacob was alone, a man wrestled with him until daybreak. Wrestling is fighting and overpowering another person by holding them down. When the man saw that he cannot overpower Jacob, he touched the socket of his hip and it was dislocated.

Though Jacob is now limping, he did not let the man go. So the man said, "Let me go for it is daybreak." Jacob answered, "I will not let you go unless you bless me." The man asked, "What is your name?" He said, "Jacob." The man then said, "Your name will no longer be Jacob, but Israel, because you have struggled with God and with men and have overcome."

Jacob called that place "Peniel" because he saw God face to face and yet lived to tell about it. As he went to be with his family, he walked limping.

After an entire night of wrestling, God's angel told Jacob to walk away. Jacob left the wrestling match with a new name and a limp from his hurt hip. We sometimes struggle with God, too. We may want to do things our way instead of His way.

Domino wrestling game



Share out dominoes/Jenga blocks between two people in your house playing against one another. The aim of the challenge is to see who can stand all the dominoes/Jenga blocks up the quickest and then at the same time, each person will touch the first domino/Jenga block and watch them all fall! There is a wrestling match in our Bible story today.

Jacob wrestles with God decoder



Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words. Can you decode them all?

A	O	E	C	V	H	F	J	K	G	U	W	S	T	N	D	P	L	Z	B	X	M	Q	Y	R	I
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

- 15-26-10-6-14 _____
- 15-1-22-3 _____
- 20-18-3-13-13-26-15-10 _____
- 22-1-15 _____
- 12-25-3-13-14-18-3 _____
- 10-2-16 _____
- 7-1-4-3 _____
- 26-13-25-1-3-18 _____

WRESTLE NIGHT	MAN BLESSING	FACE GOD	ISRAEL NAME
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Questions



- Wrestling is a popular sport all over the world. Show your family your best wrestler face and pose.
- Jacob got a new name. Discover what your name is by looking online.
- When is it hard for you to obey God?

Ice cube challenge



Put ice cubes in a bowl and set your family a challenge to see who can be the quickest to melt an ice cube. They can use a straw to blow hot air on it, sprinkle salt on it, or hold it to try to melt it most quickly. Give kids one minute to try to melt their ice cube using their chosen method. Meanwhile, turn on the hair dryer and blow hot air on your ice cube. Call time, then compare everyone's efforts. How did your way compare to my way of melting the ice cube? Why was my way more effective? My ice cube melted much faster because I had more power. And with God's power, we can do greater things. We can stop doing things our way. We can surrender to God's will and trust that He knows best.

Pray



Dear God, please help us remember that You are the One who knows what's best for us. We can surrender to Your will and trust You. In Jesus' name, amen.