

LET'S TALK ABOUT RACE





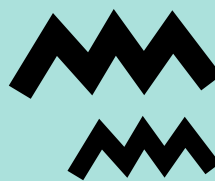

STUDY GUIDE

'Let's Talk About Race' is a short study guide written by a person of colour aimed primarily at a white majority church context; seeking to improve the quality of engagement with questions of race and racial injustice. It's specific target is to increase the sensitivity, reflectiveness and self-awareness of white Christians in the community.

The guide is composed of 3 sessions: 'Debunking the Myths', 'White Privilege', and 'Anti-racism'. Each session is designed to cover an hour including videos. It is recommended that the size of the group is between 8 to 10 people in order to encourage participation.



TOP TIPS FOR FACILITATING GOOD DISCUSSIONS

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- Creating a safe space is vital if you want to facilitate meaningful conversations about race over the next few weeks. In the first session, start by talking about some ground rules/guidelines/code of conduct. Establish a place of trust so that everyone feels confident enough to share.
 - Start each session with a 'check in' or ice-breaker to help people in the group feel more comfortable.
 - Leave plenty of time for people to digest/process information. Be mindful of the fact that talking about race can often be uncomfortable and overwhelming.
 - Ensure that you finish each session with prayer.
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DEBUNKING THE MYTHS

"The simplistic idea that racism is limited to individual intentional acts committed by unkind people is at the root of virtually all white defensiveness on this topic." - **Robin DiAngelo**

- Watch 'Debunking The Most Common Myths White People Tell About Race'

- Watch 'Why Colour Blindness Will Not End Racism'

BIBLE VERSES

-Revelation 7: 9-10

-Galatians 3: 28

DISCUSSION QUESTIONS

- How would you define racism? Do you see it as a systemic problem?
- Do you agree with Robin DiAngelo's quote?
- What challenged you from the 'Debunking The Most Common Myths White People Tell About Race' video?
- Why is 'I don't see colour' an unhelpful phrase?
- What stuck out to you from the 'Why Colour Blindness Will Not End Racism' video?
- What do Revelation 7: 9-10 and Galatians 3: 28 tell us about God's design for humanity?

WHITE PRIVILEGE

"White privilege is an absence of the consequences of racism. An absence of structural discrimination, an absence of your race being viewed as a problem first and foremost." - **Reni Eddo-Lodge**

-Read 'White Privilege: Unpacking the Invisible Knapsack; by Peggy McIntosh

-Watch Kyla Jeneé's poem 'White Privilege' (disclaimer: contains some swearing)

BIBLE VERSES

-ROMANS 2: 11

-JAMES 2: 8-9

-1 TIMOTHY 6: 17-19

DISCUSSION QUESTIONS

- How would you define privilege? Do you find Reni Eddo-Lodge's definition helpful?
- Which of the daily effects of white privilege do you relate to most from Peggy McIntosh's article?
- Which lines stuck out to you from Kyla Jeneé's poem?
- What do Romans 2: 11 and James 2: 8-9 tell us partiality?
- What does 1 Timothy 6: 17-19 tell us about how we should use our privilege?

ANTI-RACISM

The beauty of anti-racism is that you don't have to pretend to be free of racism to be an anti-racist. Anti-racism is the commitment to fight racism wherever you find it, including in yourself. And that's the only way forward' - Ijeoma Oluo

-Watch '5 Tips for Being an Ally'

-Watch 'How Can I Be Anti-Racist?'

BIBLE VERSES

-JAMES 2: 14-17

DISCUSSION QUESTIONS

- What does it mean to be anti-racist?
- What do you find helpful from Ijeoma Oluo's quote?
- Which tip stuck out to you most from the '5 Tips for Being an Ally' video?
- What seems most challenging about being anti-racist?
- Do any of the experiences discussed in the 'How Can I be Anti-Racist?' video resonate with you?
- What does James 2: 14-17 tell us about the reason for fighting racism?

READ

- "WHY I'M NOT TALKING TO WHITE PEOPLE ABOUT RACE" - RENI EDDO-LODGE
- "WHITE FRAGILITY" - ROBIN DIANGELO
- "WE NEED TO TALK ABOUT RACE" - BEN LINDSAY
- "ME AND WHITE SUPREMACY" - LAYLA F. SAAD
- "JUST MERCY" - BRYAN STEVENSON
- "BRIT(ISH)" - AFUA HIRSCH
- BEYOND COLORBLIND - SARAH SHIN

LISTEN

- CHINE MCDONALD AND AZARIAH FRANCE WILLIAMS, 'IN OUR OWN SKIN, IN OUR OWN WORDS', NOMAD PODCAST (N192).
- BEN LINDSAY, 'WE NEED TO TALK ABOUT RACE', AT ST BARNABUS NORTH LONDON
- BRYAN STEPHENSON, 'WE NEED TO TALK ABOUT AN INJUSTICE', TED TALK
- CHIMAMANDA NGOZI ADICHIE, 'THE DANGER OF A SINGLE STORY,' TED TALK